

Scottish 5K Road Championships Individual Medallists (Women)

**Scottish Athletics Federation/Scottish Athletics Limited
First Championship 2011**

16/05/2025	Edinburgh	Morag Miller	Central AC	15:57	Nancy Scott	Edinburgh AC	15:59	Lynn McKenna	Shettleston H	16:03
03/05/2024	Edinburgh	Stephanie Pennycook	Fife AC	15:52	Morag Miller	Central AC	16:07	Stephenie Tucker	Cambuslang H	16:15
05/05/2023	Edinburgh	Lynn McKenna	Shettleston H	16:04	Natasha Phillips	Dundee Hawkhill H	16:14	Stephenie Tucker	Aberdeen AAC	16:32
06/05/2022	Edinburgh	Annabel Simpson	Fife AC	16:29	Sarah Calvert	Edinburgh University H&H	16:44	Naomi Lang	Aberdeen AAC	16:50
2021	No Championship due to Covid-19 pandemic									
2020										
03/05/2019	Edinburgh	Morag Miller	Central AC	15:52	Mhari MacLennan	Inverness H	16:00	Fionnuala Ross	Shettleston H	16:22
04/05/2018	Edinburgh	Annabel Simpson	Fife AC	16:26	Jenny Bannerman	Inverness H	16:49	Jo Williams	Lothian RC	16:57
05/05/2017	Edinburgh	Annabel Simpson	Fife AC	16:43	Rebecca Burns	Edinburgh AC	16:58	Gillian Black	VP City of Glasgow AC	17:07
06/05/2016	Edinburgh	Madalaine Murray	Edinburgh AC	16:07	Morag MacLarty	Central AC	16:31	Jennifer Wetton	Central AC	16:34
29/04/2015	Edinburgh	Sarah Inglis	Lothian RC	16:25	Josaphine Moultrie	VP City of Glasgow	16:43	Stephanie Pennycook	Fife AC	16:57
07/05/2014	Edinburgh	Morag MacLarty	Central AC	16:14	Laura Dunn	Edinburgh AC	16:55	Shona McIntosh	Hunters Bog T	17:16
01/05/2013	Edinburgh	Elspeth Curran	Kilbarchan AAC	16:27	Laura Dunn	Edinburgh AC	16:45	Fiona Mathieson	Falkirk Victoria H	17:02
16/05/2012	Edinburgh	Kiera Murray	Lasswade AC	16:50	Jennifer MacLean	Edinburgh AC	16:54	Sarah Inglis	Lothian RC	17:03
11/05/2011	Edinburgh	Emma Raven	Central AC	16:42	Laura Dunn	Edinburgh AC	16:47	Hester Dix	Fife AC	16:54

**U20
First Championship 2012**

16/05/2025	Edinburgh	Millie McClelland-Brooks	Inverclyde AC	16:06	Layla Todd	Shetland AC	16:52	Caitlyn Heggie	Edinburgh University H&H	17:04
16/05/2025	Edinburgh	Natasha Phillips	Dundee Hawkhill H	16:20	Isla Paterson	Gala H	17:11	Isla Hedley	Edinburgh University H&H	17:16
03/05/2024	Edinburgh	Natasha Phillips	Dundee Hawkhill H	16:20	Isla Paterson	Gala H	17:11	Isla Hedley	Edinburgh University H&H	17:16
05/05/2023	Edinburgh	Natasha Phillips	Dundee Hawkhill H	16:14	Mia Padmanabhan	Glasgow University H&H	17:14	Aimee Callow	Edinburgh University H&H	18:36
06/05/2022	Edinburgh	Meridith Reid	Inverclyde AC	17:41	Kirsty Purcell	Edinburgh University H&H	18:03	Caitlin Purcell	Edinburgh University H&H	18:41
2021	No Championship due to Covid-19 pandemic									
2020										
03/05/2019	Edinburgh	Zoe Pflug	Edinburgh University H&H	17:10	Lauren McCulloch	Central AC	18:13	Sarah Tait	Lasswade AC	18:22
04/05/2018	Edinburgh	Anna Macfadyen	Edinburgh University H&H	17:04	Ella Revitt	Edinburgh AC	17:10	Zoe Pflug	Gala H	18:36
05/05/2017	Edinburgh	Annabel Simpson	Fife AC	16:43	Gillian Black	VP City of Glasgow AC	17:07	Anna Macfadyen	Forres H	17:11
06/05/2016	Edinburgh	Stephanie Pennycook	Fife AC	16:34	Annabel Simpson	Fife AC	16:40	Gillian Black	VP City of Glasgow AC	17:09
29/04/2015	Edinburgh	Stephanie Pennycook	Fife AC	16:57	Mhairi MacLennan	Inverness AAC	17:28	Rachael Dunn	Edinburgh AC	17:38
07/05/2014	Edinburgh	Amy Frankland	Lasswade AC	18:44	Isla Mackay	Edinburgh University H&H	20:22	Sarah King	Edinburgh University H&H	20:31
01/05/2013	Edinburgh	Kathryn Pennel	Pitreavie AAC	17:15	Halina Rees	Fife AC	17:43	Katie Bristow	Ronhill Cambuslang H	17:48
16/05/2012	Edinburgh	Kathryn Pennel	Pitreavie AAC	17:52	Katie Bristow	Ronhill Cambuslang H	18:39	Louise Hill-Stirling	Strathclyde Univ H	18:51

First Championship 2011

11/05/2011	Edinburgh	Susan Ridley	Edinburgh AC	17:51	Jennifer Telford	Scottish Prison Service	19:30	Hazel Dean	Central AC	19:47
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First Championship 2019

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First Championship 2019

03/05/2019	Edinburgh	Innes Bracegirdle	Fife AC	22:23	Frances Wood	Linlithgow AC	22:51	Maria Dale	Perth RR	24:56
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First Championship 2019

2020	
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03/05/2019	Edinburgh	Patricia Allen	Motherwell AC	27:55	Only 1 athlete finished
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From 1/4/2012 Masters aged 35 years and over on the day of the race
From 1/10/2013 Masters aged 40 years and over on the day of the race